

# **HWP&R LEISURE FORUM**



**FEBRUARY & MARCH, 2018**

# THE LEISURE FORUM

Huntington Woods Recreation Department, 248.541-3030

## TRIP INFORMATION & DISCLAIMER

- ***Trips are planned with our residents in mind!*** We scour the area for some of the most fun &/or interesting places, attempt to get it for you at the very best price and provide transportation for you—not bad, huh?
- ***The trips are targeted for all adults,*** but we do take added care to make sure there is limited walking and stair climbing when possible (specifically noted when difficulties might be present).
- ***Trip itineraries are subject to change without notice.*** Every effort will be made to keep as close to schedule as possible. Trip times are our best approximation and may include “surprise” stops. Please roll with it.
- ***Watch Deadlines!*** Registration deadlines usually reflect when we have to commit to purchasing tickets. To avoid disappointment (ours and yours!), please register by the stated deadlines. ***Deadlines are also the last day to get a refund, unless a replacement is found when a trip involves tickets.***

## CANCELLATIONS AND REFUNDS

- In the event a trip does not require the purchase of tickets, 48 hour notice of cancellation is required in order to receive a refund. Please inquire at the time you are requesting to cancel whether you will receive a refund.
- A \$5 service fee is retained on all refunds due to trip withdrawal.
- Cancellations/withdrawals will be given a household credit. Specific request must be made for a refund in the form of a check. Allow 3 weeks for all refunds in the form of a check to be processed.

## EVENT REGISTRATION

- Resident registration begins when the Leisure Forum/quarterly newsletter is received.
- Registration must be in person; online at <http://recreation.hwmi.org> or by mail and payment in full is required at the time of registration. Please note: there is no phone registration or “holding” spots.
- Non-resident registration date is listed in the city quarterly newsletter and non-residents are subject to an additional \$5 per trip/activity for all trips.

**BEHOLD, MY FRIENDS, THE SPRING IS COME; THE EARTH HAS GLADLY RECEIVED  
THE EMBRACES OF THE SUN, AND WE SHALL SOON SEE THE RESULTS OF THEIR LOVE!  
- SITTING BULL**

# FEBRUARY

## CAKE DECORATING BASICS WITH DAWN SIGN UP NOW AT HW REC

*Mon., Feb. 12, 6:00 – 8:30 pm*

Instructor: Dawn Schwanke

Join us in learning the basics of cake decorating from our own, Dawn Schwanke! Dawn has been baking and decorating for as long as we can remember, including at Holiday Market, and as the former owner of Butterfly Bakery. Let her teach you some tricks of the trade so you can make delicious and professional-looking cakes! All supplies are included and each participant takes home a 6" decorated cake! Pre-register by February 6.

**#3253** Cost: \$60/person



## RENOVATED DETROIT CLUB LUNCH & TOUR

*Tues., February 13, 11:15 am - 3:00 pm*

The historic Detroit Club is scheduled to reopen this winter fol-

lowing a the re-original into a

**#3302** included



three-year restoration. As part of opening, the four-story club will be private, though the grill and a lounge on the first floor is being converted public restaurant. Dress: snappy, no jeans.

Cost: \$14 (Transportation/supervision and tour - lunch on your own).



## ART AND FUN ALL ROLLED INTO ONE! FABULOUS ARTIST-INSPIRED WORKSHOP: FELTED WOOL TABLE MAT @ THE LIBRARY

*Thurs. February 15, 11:00 am -12:30 pm*

The Art Workshop fun continues this spring with more great workshops with Huntington Woods native and local handcraft artist and teacher, Jane Alkon. Sign up for these popular programs and enjoy a wonderful afternoon of creativity and conversation, coffee and cake. You are guaranteed to create a professional looking, fabulous art piece you will be proud of and enjoy for years to come! The workshops meet in the Knox Room of the Huntington Woods Library. They are open to Huntington Woods and Pleasant Ridge residents 21 yrs and older. All workshops are free of charge and include all of the supplies necessary to complete the projects. These workshops fill quickly and are limited to 15 participants, pre-registration required. Call 248.543-9720 to register.

Have fun on a cold winter day creating a Felted Wool Table Mat with pre-cut wool felt circles. Naturally heat and moisture resistant, in this fun workshop, you will create your own design using multi-color, multi-sized wool circles. When finished, you will have an awesome table “pad” that looks modern and edgy and is completely functional and beautiful!

### **MOVIE MATINEES AT THE REC: BOOK OF HENRY**

***Friday, February 16, noon***

**BOOK OF HENRY:** With instructions from her genius son’s carefully crafted notebook, a single mother sets out to rescue a young girl from the hands of her abusive stepfather. Movies are shown on select Fridays at noon in the Ralph and Peggy Lease Multipurpose Room of the Recreation Center. PG-13 /1hr 45 Min

Cost: \$1 program fee requested.

### **MORO’S ITALIAN DINING AND COOL HAND LUKE AT THE REDFORD THEATER**

***Fri., February 23, 4:15 pm - 10:30 pm***



Said to be one of the best Italian restaurants in all of metro-Detroit, Moro’s Italian Restaurant features classic Italian dishes and flaming desserts (on your own)! Next, on to the Redford Theater. The Redford Theater has served as an entertainment venue since it opened in 1928. It is owned and operated by the Motor City Theatre Organ Society. There, we will see ***Cool Hand Luke*** starring Paul Newman. Newman’s most iconic role was of a petty criminal who refuses to have his spirit broken on a Southern chain gang (1967). Concessions are cash only. Deadline 2/12. **#3304** Cost: \$18 (includes transportation/supervision and movie ticket. Dinner on your own).

## **TRIPS/ACTIVITIES NO LONGER “YOUR THING”!**

***Senior Outreach Coordinator Jennifer Furlong is available to assist you with your day-to-day needs in order to maintain your quality of life in the City of Huntington Woods. Feel free to contact Jennifer concerning any of our special services, as well as: information and referrals; volunteer opportunities and telephone reassurance calls. Call 248.541-3030 for additional information.***

# MARCH

## VILLAGE PLAYERS: ACT ONE

*Wednesday, March 7, 7:30 pm*

Act One – the coming-of-age dramedy based on playwright Moss Hart’s best-selling memoir. Both a valentine to the theater and a Horatio Alger story, Act One is Moss Hart’s famous memoir, the story of growing up in an impoverished family in the Bronx, while dreaming of being part of the glamorous world of the stage. Forced to drop out of school at age 13, Hart’s pluck, determination and talent led him to form an unlikely collaboration with legendary playwright George S. Kaufman and success on Broadway. Tickets are FREE, but must be picked up at the Recreation Center beginning Mon., Mar. 5. NO TRANSPORTATION PROVIDED. Contact Kathy at 248.541-3030 to reserve your tickets. Cost: Free!



## ART AND FUN ALL ROLLED INTO ONE!

### FABULOUS ARTIST-INSPIRED WORKSHOP: TROMPE L'OEIL WOODEN "BOOK" @ THE LIBRARY

*Thurs., March 8, 11:00 am - 1:00 pm*

The Art Workshop fun continues this spring with more great workshops with Huntington Woods native and local handcraft artist and teacher, Jane Alkon. Sign up for these popular programs and enjoy a wonderful afternoon of creativity and conversation, coffee and cake. You are guaranteed to create a professional looking, fabulous art piece you will be proud of and enjoy for years to come! The workshops meet in the Knox Room of the Huntington Woods Library. They are open to Huntington Woods and Pleasant Ridge residents 21 yrs and older. All workshops are free of charge and include all of the supplies necessary to complete the projects. These workshops fill quickly and are limited to 15 participants, pre-registration required. Call 248.543-9720 to register.



Who doesn't love books? And even better, a box to LOOK like a book but stores your remote, a pad of paper, your glasses – even your favorite wrapped candies!! "Fool the Eye" with your handcrafted trompe l'oeil wooden book, decoupaged with your choice of beautiful papers and embellishments.

## TEENIORS BINGO & PASTA DINNER

**Thursday, March 8, 5:00 - 6:30 pm**

Back by popular demand, teens and seniors together = Teeniors! The Huntington Woods Teen Council is hosting the event, providing baked goods for Bingo winners, as well as a delicious pasta dinner for both groups to enjoy together. Get to know one another while having fun! Register by March 1. Residents only.



**#4300** Cost: \$5 and includes one bingo card and dinner; additional bingo cards \$1 ea.

## DO YOU TRUST ME? TRIP

**Monday, March 12, 4:10 - 7:15 pm**

*Sometimes  
you need to  
let go and  
see what  
happens.*

We are going to check out one of the coolest new places in the area. Dinner is chef's choice and family-style AND included in the price. Next, we will do a super-fun activity, low impact and no sweating ;) You will NOT be disappointed and you will TRULY have something to talk about! Non-residents may sign up 2/23. Register by 3/2. **#4301** Cost: \$37 (includes light dinner, transportation/supervision, activity).

## MOVIE MATINEES AT THE REC: MEGAN LEAVEY

**Friday, March 16, Noon**

MEGAN LEAVEY is based on the true life story of a young Marine corporal whose unique discipline and bond with her military combat dog who saved many lives during their deployment in Iraq.

Movies are shown on select Fridays at noon in the Ralph and Peggy Lease Multi-purpose Room of the Recreation Center. PG-13 / 1hr 56 Min  
A \$1 program donation is requested.

## LITTLE CAESAR'S ARENA TOUR

**Tues., March 20, 9:30 am - 2:00 pm**

Warning: walking involved! We have watched this magnificent structure from the VERY BEGINNING, now let's check out the inside! We will get a wonderful,



docent-led tour in the District Detroit. Little Caesars Arena in The District Detroit serves as the home of the Detroit Red Wings, Detroit Pistons and countless other sports, entertainment and community events. The District Detroit is 50 blocks of thriving businesses, parks, restaurants, bars and event destinations. The arena also features state-of-the-art technology and fan amenities. Deadline 3/5/18.

**#4302** Cost: \$32 (includes transportation/supervision and arena tour. Lunch on your own).

### **HOARDING DISCUSSION @ THE LIBRARY**

**Wednesday, March 21, 7:00 pm**

Just in time for the spring cleaning that we all seem to have to take care of; Terrance Shulman discusses the phenomenon of hoarding. What is the difference between collecting and hoarding, between saving for a future use and hoarding; and keeping things for the next generation? When does it change from being acceptable and purposeful to something else? Can you recognize the signs? Join Mr. Shulman for an enlightening discussion of this problem. Register by calling 248.543-9720.

### **THE WITCH OF DELRAY @ THE LIBRARY**

**Wednesday, March 28, 7:00 pm**

Karen Dybis, author of Better Made in Michigan, has published a new book: The Witch of Delray: Rose Veres and Detroit's Infamous 1930s Murder Mystery. After extensively researching Rose Veres and the many mysterious deaths that occurred in her boarding house, Karen will engage you with this riveting, true story set in Depression-era Detroit. Register by calling 248.543-9720.

## **APRIL**

### **DAY IN THE D MYSTERY TRIP**

**Tuesday, April 10, 11:00 am - 4:00 pm**

There's so much fun and new things going on in Detroit, it's hard to hit them all! Well, we will start with lunch (on your own) and then make a few stops at places that sound fun. Pretty much a mixed bag of whatever sounds good. Non-resident registration begins March 9. Sign up by April 2.

**#4304** Cost: \$14.



# . . . UTILIZE YOUR REC CENTER . . .

## **BLOOD PRESSURE**

Join us on the third Wednesday of each month in the Senior Lounge of the Recreation Center from 10:00 – 11:00 am to have your blood pressure checked by Mary Jo Israel, registered nurse. If you are tracking your blood pressure, this is an especially great service! Upcoming blood pressure dates are: February 21 and March 21.



## **CURB-TO-CURB VAN TRANSPORTATION**

***Monday - Friday, 9:00 am - 3:00 pm***

Residents 55 years or better and unable to drive, temporarily or permanently, are able to arrange for transportation on the City SMART Van for medical appointments, support groups, shopping or other activities of daily living. Financial sponsors for the Senior Transportation Program are the City of Huntington Woods, Beaumont and SMART.

Passengers must be able to independently board and exit the bus. The bus is equipped with a lift to accommodate individuals seated in wheelchairs or motorized scooters. Riders must provide a caregiver to accompany them on the trip if any assistance is needed.

Call Jennifer at 248.541-3030 to schedule a ride. A 48-hours advance notice is required and the travel distance must be within a 7-mile radius of the Gillham Recreation Center. The fee is \$1 each way. Please limit trips to one per day and make sure to be ready 15 minutes before your scheduled pick up time.



Alternate transportation options are available for individuals requiring door-to-door assistance. Call Jennifer at 248.541-3030 and she will provide contact information for these services.



## HARP: HOME ASSISTANCE REPAIR PROGRAM

HARP is designed to assist resident homeowners to maintain their home and help them remain independent in their home for as long as possible. Quality of life is enhanced by making homes safer and by reducing some of the stress involved in making minor home repairs. Criteria is as listed:

- 60 years+;
- Persons with disabilities of any age; and/or
- Households with a family member serving active duty in the Armed Services

The labor for this service is **\*\*free\*\*** thanks to the generous residents who have volunteered their time and efforts with this program. The only cost to the homeowner is for the materials needed to complete the job.

The work is done by our registered volunteers who perform minor, basic repairs which may include the following: **replacing furnace filters; gutter repair; replace electrical outlets; install smoke detectors; replace faucets; toilet repair; replace garbage disposal; window caulking; install storm windows; replace light fixture; repair drywall; grab bar installation; free-up painted windows; minor painting; and replace thermostat.** This is not meant to take the place of hiring licensed professionals.

### **How Do I Get Help?**

- Complete a form in person at the Gillham Recreation Center between 9:00 am – 4:00 pm, Monday – Friday. Or pick up a flyer at any City Office. Fill out the form and mail it or return it to Kathy at the front desk of the Recreation Center.
- Fill out the form online at [hwmi.org](http://hwmi.org).
- Questions? Call Kathy at the Gillham Recreation Center, 248.541-3030.

**Want to help? Volunteers also needed! If you are interested in working with this program, call Kathy Seidl at 248-541-3030 or email her at [kseidl@hwmi.org](mailto:kseidl@hwmi.org).**

# MONDAY LUNCH BUNCH

**Noon on Mondays in the Multi-Purpose Room of the Rec Center**

*Join us each Monday at noon as we enjoy a delicious and nutritious lunch.*

*Those interested in the speaker only should arrive by 12:30 pm.*

*Call Jennifer to register for transportation (if needed) by noon on the preceding Thursday at 248.541-3030.*

*The requested fee is \$3.50 (plus \$.25 for coffee/tea), to be paid at least one week in advance at Monday Lunch or at the*

*Front Desk of the Recreation Center.*

## FEBRUARY

- 5**            **FOOD SAFETY & NUTRITION: ROBIN, MSU**  
*Chicken Sandwich*
  
- 12**           **KNOW YOUR CITY CLUBS/ORGANIZATIONS:**  
**LYNNE SULLIVAN, HW WOMEN'S LEAGUE**  
*Sloppy Joes*
  
- 19**           **PRESIDENT'S DAY - no meal/program**  
*Have a great day!*
  
- 26**           **HOSPICE @ ST JOHN'S**  
*Macaroni Casserole*

## **MARCH - ENTREES TBA**

- 5            UTILITY INSURANCE WITH TONY**
- 12           OLHSA PROGRAMS**
- 19           SUNDAES ON MONDAY/RECIPE SHARE**
- 26           TAI CHI WITH MARYANN**

***Thank you to those who volunteer their time  
to educate our participants.***

***We LOVE learning about new and interesting things!***

Monday Lunch speakers discuss topics of interest for approximately 25 minutes. If you are unable to stay for the entire presentation, please excuse yourself before the speaker begins.

Also, as a courtesy to our speakers and others around you, please refrain from private discussions during the presentation.

***Should you know of a topic or speaker that might be a good fit, please let Jennifer know!***

# HUNTINGTON WOODS PARKS & RECREATION

26325 Scotia Road, Huntington Woods, MI 48070

Phone 248.541.3030      [cnutton@hwmi.org](mailto:cnutton@hwmi.org)

## **PARKS & RECREATION DIRECTOR**

Mary Gustafson

## **MANAGER OF MIRTH & DAY TRIPS**

Colette Nutton

## **OUTREACH/TRANSPORTATION**

Jennifer Furlong

## **SENIOR CORRESPONDENCE/HARP**

Kathy Seidl

## **RECORDS MANAGER**

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Bill Gergosian

Mark Hurley

Kathy Seidl

## **TRANSPORTATION**

Steve Kinney

Louis Lemay

Daniel Monaco

Tim Reade

Steve Wasinski

## **RECREATION ADVISORY**

*Eric Gurvitz, Chair*

Jeff Aisen

Michael Ceasar

Eleanor Daniel

Melanie Meyers

Jim Rusk

Kim Tarnopol

Joe Zieldorff

## **SENIOR ADVISORY**

Kristin Drury

Steve Fairman

Lynn Feinberg

Susan Klein

Lenny Newman

Jim Speir

Susan Witus



## **LOVE THE LEISURE FORUM**

This bimonthly publication highlights trips and activities offered through the Recreation Department & Library, as does the quarterly city newsletter, although the Forum goes into more detail and often has additional trips.

The Leisure Forum is available at the Recreation Center, on the city website [HWMI.ORG](http://HWMI.ORG), or you can email [KSeidl@HWMI.ORG](mailto:KSeidl@HWMI.ORG) and it will be sent to you electronically.