

# HWAC Pool Rules and Regulations

(Rules are subject to change at the discretion of management.)

The following rules and regulations are designed to ensure safe and healthy operation of the Huntington Woods Aquatics Club and to comply with the State of Michigan Regulations for Public Swimming Pools. Parents are requested to emphasize to their children the importance of observing the rules and obeying the instructions of pool personnel. Please review these rules before visiting the pool. *\*Management reserves the right to refuse anyone entry or remove anyone from the facility temporarily or permanently for violating any pool rule, policy, or procedure.*

## **GENERAL RULES & INFORMATION**

**Parents or guardians are responsible for supervising their children. Small children should remain within arm's length of a responsible adult at all times while in the water and on the deck.** A lifeguard's role is surveillance of the pool, not to assist with the supervision of individual children or a group.

1. Only U.S. Coast Guard approved personal floatation devices (PFD) are permitted in the pool. Any patron wearing such a device is permitted in the shallow area of the pool up to the deep end dividing rope and lane lines in the competitive end of the pool. Children wearing such devices must be accompanied and actively watched in the pool by a parent or guardian (at least 15 years of age) while remaining within an arm's reaching. Inflatable toys, rafts, and other floatation devices are not permitted. An example of a label featuring a U.S. Coast Guard approval is depicted on the last page.
2. Goggles & diving masks that may cover the nose & face are permitted with the understanding that they may be removed in such a method that may damage them should an emergency situation occur where a head, neck or back injury is suspected from the wearer.
3. Noodles are allowed at designated times **only** and are **not available for borrowed use** by the facility.
4. Camera use is not permitted in the locker rooms.
5. Deck chairs and strollers must be at least 5' away from the side of the pool.
6. Persons with communicable diseases, skin lesions, inflamed eyes or mouth, or ear discharge are not permitted in the pool.
7. Suntan lotion must be in unbreakable plastic containers only.
8. Smoking is prohibited anywhere on the pool/city grounds.
9. Foot showers are required for all patrons exiting the grass area.
10. The roped lanes are for lap swimmers only. Please do not enter the lanes unless you are swimming laps. **The south lap lane is designated for adults only.** (If needed, the adult lane will be temporarily moved to the north to accommodate patrons)
11. Management is not responsible for the loss of personal belongings. Lockers are available for day use only. You must supply your own lock.

## **ADMISSION**

1. The pool is open to persons who possess a valid membership ID card. This card must be presented by the pool patron each time they enter the pool. A \$5.00 replacement fee will be charged to replace a lost card.
2. Swimmers under 52" tall and unable to swim independently must be supervised in the pool at all times by an adult or guardian at least 15 years old **OR** be able to swim 1 length of the pool without stopping. Upon successful completion of the swimming test, the child's swim pass will be marked allowing him/her to enter the pool alone.
3. **Children under the age of nine (9) cannot be left alone at the facility without direct supervision from a parent or guardian (15 yrs. or older).**
4. Parents or guardian (15 yrs. or older) must actively watch their children. This means that reading, lying down, talking or facing away from the child is not permitted any time the child is in the pool or on the deck. **During Preschool Swim**, parents or guardians must remain in the water with their child at all times.
5. Same day re-entry will be allowed with daily paid admissions. No additional entry fee is required. This also applies to guest admission as long as the guest is accompanied in the pool by a resident.
6. Re-entry credit will be offered if the pool is closed for an extended period of time (over 1 hour) and the patron has been at the pool less than 1 hour before the incident. Leave your name at the pool check-in desk before leaving the facility to receive a credit.
7. Guests must be accompanied in the pool by a resident. The resident is responsible for the actions and conduct of his/her guests.
8. Residents must remain in the pool complex while their guest is visiting. When the resident leaves, the guest must also leave.
8. School age children, 5 yrs. & older, must use their respective locker rooms.
10. Contact the manager if there are special accommodations required for persons with mobility or any physical concerns.

## **BEHAVIOR**

1. Hanging on the ropes, running, rough housing, chicken fights, sitting on shoulders or back, dunking, spitting water, jumping over or near another swimmer or any other behavior affecting the safety and comfort of other patrons will not be tolerated.
2. The use of profane or abusive language and/or fighting will not be tolerated and is grounds for immediate ejection from the pool complex.
3. Please do not talk to or distract lifeguards while they are on duty, unless there is an emergency.
4. Lifeguards on duty have the authority to prohibit activities which, in their judgment, may be dangerous, put other patrons at risk or interfere with patron's enjoyment of the pool and the facilities.
5. Persons suspected of being under the influence of alcohol/drugs will be refused admittance to the pool or asked to leave the pool immediately.

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6. Loitering in the locker rooms is prohibited.

## **DISCIPLINARY POLICY**

Based on the severity and/or repetition of the offense, pool management may either remove patrons from the pool immediately, or at its option, impose any of the following disciplinary actions:

- Warning by the lifeguard
- Sitting out of the pool for fifteen (15) minutes
- Ejection from the pool complex for the remainder of the day
- Suspension from the pool for a designated period of time.
- Revocation of season pass

## **DIVING**

1. Diving is permitted from the diving board only. No diving in the shallow areas.
2. Children must be able to swim one length of the pool without assistance in order to dive, jump or swim in the diving area.
3. Patrons may not catch children off the board or wall.
4. Only one person on the board at a time. Divers waiting will not proceed up the ladder until the diver enters the water.
5. **Divers may only bounce on the board one time.**
6. Dives or jumps must be performed forward, off the front of the board. **No running dives, inward, reverse, or back dives, handstands, or cartwheels are allowed.**
7. No sitting or hanging on the board.
8. The person in front of you must be at the side of the pool before you go off the board.
9. Diving from the side walls of the diving area is not permitted except at the discretion of the lifeguard.
10. The fulcrum is locked in place and may not be moved.

## **FOOD & BEVERAGE**

1. **Eating, drinking (except water in plastic bottles), and glass containers are prohibited in the pool area.**
2. **Patrons must dispose of their trash in the trash cans provided on the pool deck or in the locker rooms.**
3. The membership card may be used at the café to purchase food items. Money may be deposited in the household account for this purpose. Payment to the household account must be handled at the Recreation Center desk during regular business hours.
4. Alcoholic beverages are not permitted at the pool.

## **HEALTH & SANITATION**

1. A cleansing soap shower should be taken before entering the pool deck area.
2. Parents are encouraged to have children use the toilet before entering the pool and during adult swim.
3. Swim diapers are required if children are not toilet trained. It is suggested that tight fitting vinyl pants also be worn for added protection. They are on sale at the pool check-in desk. Swimmers may not wear swim diapers alone, they must be worn with an appropriate swim suit as cover.
4. **All diaper changing must be done on the changing station in the locker room, not on the pool deck or chairs. Diaper changing on the deck violates state health code, is unsanitary, and could spread germs and disease.**
5. Spitting, spouting water or blowing the nose in the pool is strictly forbidden.
6. Proper swim attire must be worn. This is defined as a commercial swim suit with a built-in liner. Lightweight, non-restrictive shorts and shirts may be worn over proper swim attire. **However, these may not be street clothes.**
7. Religious Accommodations – a lined swimsuit is the required attire and may be worn underneath commercially approved full-body swim attire. The clothing material must be light weight, such as nylon, polyester or lycra, so that it does not inhibit one's ability to swim or support one's self at the water's surface should the clothing become water logged or water laden.
8. Patrons requiring special accommodations that conflict with pool rules may request an exception with a written explanation by a physician. No exceptions will be granted if the condition affects the health of others using the pool.
9. If a pool patron requires the assistance of a floatation device as a modification for a qualified disability, the patron must request approval from the Pool Manager. **Only Coast Guard Approved Personal Floatation Devices are permitted.** A reference sheet has been added to the end of this document to visually assist this requirement.
10. Swim suits, clothes, and diapers must be changed in the locker rooms. **No changing on the pool deck.**

## **WATER SLIDE / SPECIALTY AREA**

1. All height requirements are to be measured with bare feet and flat hair.
2. Children must be at least 46" tall to use the big slide.
3. One person allowed on the slide at a time.
4. Swimmers may go down the slide only when instructed by the attendant.
5. Riders must go down feet first, lying on back or sitting upright. Keep arms and hands inside the flume.
6. Only riders under 48" may use the small slide. Parents must be at the end of the small slide to catch the small children.
7. Swim wear with exposed metal zippers, buckles, or rivets in the back is not permitted on the slides.
8. Eyeglasses must be securely affixed to riders with head straps.

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9. For safety reasons, pregnant women and persons with heart conditions or back trouble should not ride the slide.
10. Patrons are not allowed to sit on the wavy tile or other tile walls near the slide splash pool or near the small water slide.
11. **Play Structure:** 5 yrs. and under only may play on the equipment with direct supervision of a parent or guardian (15 yrs. or older) being required.
12. In some warm and sunny weather, the floor and equipment pieces of the play structure may become hot. Please use at your own risk. Feel free to apply water to the warm areas to cool them down.

## **WEATHER / CLOSING POLICIES**

1. **Thunder/Lightning:** The pool will be cleared immediately. Patrons must leave the pool and deck area. The pool will remain closed for 30 minutes after each occurrence of thunder/lightning.
2. **Severe Weather:** The facility will close in the event of a severe weather warning. Patrons will be encouraged to go into the Recreation Center.
3. **Cold Weather / Rain:** The pool will close at the discretion of the manager if the air temperature is below 69°, steady rain, or the total attendance is fewer than 10 people in a 2-hour period. If the facility closes during General Swim, it may be re-opened if the weather improves. Pool closings will be posted. Please call before returning to the pool.
4. **Low Attendance:** At the discretion of the manager, the number of lifeguards on duty will be reduced if pool attendance remains low. The slide will be closed as a result of this reduction in staff.
5. **Contamination:** The pool will be cleared in the event of contamination. The closing period is dictated by the severity of the contamination. The Pool Manager will determine the length of time required based on Health Department standards.
6. **Swim Meets:** The pool will close at 4:00 pm for all evening swim meets. Residents can visit the Pleasant Ridge pool as their pool schedule permits.

**Lifeguards are on duty for your safety and the safety of those around you. The pool staff is trained to enforce these rules as well as monitor and correct behavior which they feel is inappropriate in an aquatics environment. Any and all of these regulations may be changed if it is deemed necessary to enhance the safety of our members and the facility.**

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Size →

U.S.C.G. Approval →

← Use of PFD

**CATALOG NO. 4220**  
**FLOTATION AID - TYPE III PFD**  
**INTENDED USE: Sport Vest**  
**ADULT X-LARGE**

USER WEIGHT: More than 90 lbs. (41 kg) CHEST SIZE: 48-50 inches (122-127 cm)  
MODEL: 29-80 STYLE: 17

U.S. COAST GUARD APPROVAL NUMBER 160.004/3687/0  
USCG approved wearable device for uninspected commercial vessels less than 40 feet (12m) in length not carrying passengers for hire, and for recreational boats

WARNING - TO REDUCE THE RISK OF DEATH BY DROWNING:  
• READ MANUFACTURER'S "THINK SAFE" PAMPHLET BEFORE USING THIS DEVICE AND PERFORM "THINK SAFE" CHECKS EACH SEASON  
• CHOOSE THE RIGHT TYPE AND SIZE PFD AND WEAR IT - FASTEN ALL CLOSURES AND ADJUST FOR SNUG FIT  
• FOLLOW MANUFACTURER'S USE AND CARE INSTRUCTIONS  
• DO NOT CARRY HEAVY OBJECTS -- HEAVY OBJECTS IMPAIR FLOTATION

STRENGTH TESTED AT 50 mph (22.4 m/h) - NOT TESTED FOR PERSONAL PROTECTION FROM IMPACT

Shell Assembled in China  
Filled and Finished in USA  
STEARNS Inc.  
St. Cloud, MN 56309

UL LISTED  
FLOTATION AID  
ISSUE NO. B-7568

LOT NO. 2021957

Above is an example of a label which the U.S. Coast Guard had approved the attached flotation device. You can notice that it displays the intended use, and size towards the top of the label. There are also instructions on how to properly fit the PFD to the wearer given with the manufactures instructions upon purchase of the PFD.



Above are some examples of U.S. Coast Guard approved flotation devices:

**Below are some common examples of non-Coast Guard approved floats.**  
***THESE ARE NOT LIFE SAVING DEVICES***  
***and ARE NOT ALLOWED AT THIS***  
***FACILITY***

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***On any float that is NOT a coast guard approved PFD there will be a warning present to state that it is not a life saving device.***