












# January

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   |
|---|---|---|---|--|--|--|
|   |   |   |   |  | 1  | 2  |
|   |   |   |   |  | Research the Emancipation Proclamation that went into effect on this day in 1863   | Family activity: make a timeline of historic events of the African American community.   |
| 3   | 4   | 5   | 6   | 7  | 8  | 9  |
| Order some great Chicken Wings from City Wings in Detroit – a black owned business.   | Support human rights organizations like UNICEF.                                 | Celebrate other cultures by making foods from different countries with your family.   | Introduce the concept of racism to your child and read "The Other Side" by Jacquelin Woodson with your children ( <a href="https://www.youtube.com/watch?v=60005...">https://www.youtube.com/watch?v=60005...</a> ) | Online Library Program - 100% American: The 2nd Wave of the Klan During the Creation of Berkeley and Huntington Woods. 7:00pm - 8:30pm. Pre-register at <a href="http://huntingtonwoods.lib.org">huntingtonwoods.lib.org</a> |   | Read "A Kids Book About Racism" by Jelani Memory with your children (Ages 5+).   |
| 10  | 11  | 12  | 13  | 14   | 15   | 16   |
| Check out the Anti-Racism Film Series with Dr. Tara Hayes at the Huntington Woods Library. Register via the Library's website at <a href="http://www.huntingtonwoodslib.org">www.huntingtonwoodslib.org</a> | Download music by Marvin Gaye on your electronic device and enjoy.              | Check out this article in Parent Magazine - an age by age guide to fighting hate. <a href="https://www.parents.com/parenting/better-parenting/advice/how-to-teach-your-kids-to-fight-hate-an-age-by-age-">parents.com/parenting/better-parenting/advice/how-to-teach-your-kids-to-fight-hate-an-age-by-age-</a> | Check out Tilly Krishna's website at <a href="http://tillykrishna.com">tillykrishna.com</a> . She made the first Anti-Racism Calendar   | Download music by Aretha Franklin on your electronic device and enjoy.   | Follow @officialmlking3 on instagram (the son of Martin Luther King Jr.)   | Check out Oprah's Super Soul Conversations Podcast.  |
| 17  | 18  | 19  | 20  | 21   | 22   | 23   |
| Learn about black artist Jacob Lawrence and see some of his works at <a href="http://www.americanart.si.edu/artist/jacob-lawrence-0898">www.americanart.si.edu/artist/jacob-lawrence-0898</a>               | <b>MLK Day</b> Listen to Martin Luther Kings "I Have a Dream" Speech on YouTube |   | Take a virtual or in-person tour of the Motown Museum.  | Watch this video on the history of the Harlem Renaissance <a href="https://www.youtube.com/watch?v=SkTVYtjKIF8">https://www.youtube.com/watch?v=SkTVYtjKIF8</a>  | Dance to these songs from the Harlem Renaissance <a href="https://www.youtube.com/watch?v=0v_nlpU3cU">https://www.youtube.com/watch?v=0v_nlpU3cU</a> | Cultivate an attitude of inclusiveness. When we embrace differences, we approach the world with generous, open hearts. We see people as people, rather than groups or demographics—and that benefits everyone. |
| 24  | 25  | 26  | 27  | 28   | 29   | 30   |
| Watch the movie Hidden Figures  | Think of a black person you admire, why do you admire them?                     | Research best selling author Ibram X. Kendi's books about anti-racism. <a href="https://www.ibramxkendi.com/">https://www.ibramxkendi.com/</a>  | Buy something from a black owned business. If you don't know any, take a look at this list. <a href="https://www.etsy.com/featured/blackownedshops">https://www.etsy.com/featured/blackownedshops</a>               |   | Look around for online courses, or contact your local college to see if they offer diversity classes   | Stream a song by a black artist.   |
| 31  |   |   |   |  |  |  |
| Take the But I'm Not Racist, Right? Quiz and answer it honestly.  |   |   |   |  |  |  |

# February

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday  |
|--|---|--|---|---|---|---|
|  | 1   | 2  | 3   | 4   | 5   | 6   |
|  | Look up online where this quote comes from: "The beauty of the world lies in the diversity of it's people" Who said this? | Follow @blkivesmatter on instagram   |   | Take the implicit bias test about race<br><a href="https://implicit.harvard.edu/implicit/takeatest.html">https://implicit.harvard.edu/implicit/takeatest.html</a> | Watch "Housing segregation and redlining in America"<br><a href="https://www.youtube.com/watch?v=O5FBJyqfoLM&amp;ab_channel=NP">https://www.youtube.com/watch?v=O5FBJyqfoLM&amp;ab_channel=NP</a> | Check out A guide to starting anti-racist conversations with friends and family.<br><a href="https://www.dosomething.org/us/articles/how-white-people-can-talk-to-each-other-about-disrupting-">https://www.dosomething.org/us/articles/how-white-people-can-talk-to-each-other-about-disrupting-</a> |
| 7  | 8   | 9  | 10  | 11  | 12  | 13  |
|   | Be a good citizen and vote in every election. Study the candidates positions on policies that affect race                 | Read "Unpacking the Invisible Knapsack" by Peggy McIntosh<br>Read up to the section called "Elusive and Fugitive"<br><a href="https://www.racialequitytools.org/resourcefiles/mcintosh.">https://www.racialequitytools.org/resourcefiles/mcintosh.</a> | Follow @theconsciouskid on Instagram  | Listen to a Malcom X speech   | Watch the movie Becoming on Netflix   | Order food from Detroit Vegan Soul  |
| 14   | 15  | 16   | 17  | 18  | 19  | 20  |
| Read a Langston Hughes Poem  | Work on a family community service project like donating food to a shelter.   | Listen to the song Black Men By Stevie Wonder  | Order dinner from a black owned restaurant- this link gives many options<br><a href="https://photos.metrotimes.com/black-owned-detroit-restaurants/?slide=1&amp;dvs">https://photos.metrotimes.com/black-owned-detroit-restaurants/?slide=1&amp;dvs</a> | Listen to a Anti Racism podcast   |    | Follow @blackhistoryuntold on Instagram   |
| 21   | 22  | 23   | 24  | 25  | 26  | 27  |
| Lend a hand. Look for opportunities to get to know people outside your immediate circle. This might include volunteer work | Cook traditional African American, Indian, or Mexican cuisine for dinner  | Black History Month Tribute Children's Event at the HW Library. Pre-register at <a href="http://www.huntingtonwoods.lib.org">www.huntingtonwoods.lib.org</a>   | Watch the movie When They See Us on Netflix   | Seek out a diverse group of friends for your kids...and for you.  | Sign some petitions that support BLM.   | Read quotes from Martin Luther King for inspiration.  |
| 28   |   |  |   |   |   |   |
| Listen without ego and defensiveness to people of color. Truly listen.   |   |  |   |   |   |   |

# March

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday   |
|--|---|--|--|---|---|--|
|  | 1   | 2  | 3  | 4   | 5   | 6  |
|  | Learn some facts about Harriet Tubman history. <a href="http://com/news/harriet-tubman-facts-daring-raid">com/news/harriet-tubman-facts-daring-raid</a> | Being racist or antiracist is not about who you are; it is about what you do.                            | <br>ALL COLOURS ARE BEAUTIFUL                | Diversify your knowledge and check your information bias. Subscribe to newsletters from nonprofits focused on racial equality and diversify your news outlets to include different viewpoints and ideologies.   | Anti-racism is a way of life. Like starting any new habit, anti-racism requires a conscious decision to pursue it as a goal and way of being.   | Listen to a Malcom X speech  |
| 7  | 8   | 9  | 10   | 11  | 12  | 13   |
| Read Michelle Obamas Book: Becoming  | When buying books for the kids in your life, opt for the ones that show people from different races, religions and cultures.                            | Follow @blmphilly on Instagram   | Visit Detroit vs. Everybody store in Detroit – a black owned business.   | As the author of So You Want to Talk About Race, Ijeoma Oluo, says, "You don't need to be free of racism to be an anti-racist. Anti-racism is the commitment to fight racism wherever you find it, including in yourself. And it's the only way forward." | Learn about Detroit poet Jamaal May at <a href="http://www.poetryfoundation.org/poets/jamaal-may">www.poetryfoundation.org/poets/jamaal-may</a> | Take a virtual or in-person tour of the Charles H. Wright Museum in Detroit.   |
| 14   | 15  | 16   | 17   | 18  | 19  | 20   |
| Watch this video, What Black Lives Matter means to an 11-year-old.                                 | Listen to an Anti Racism podcast  |                         | Become aware of your own prejudices and work on strategies to change your mindset if you need                                  | Stream a song by a black artist.  | Follow @ckyourprivilege on Instagram  | Order dinner from a black owned restaurant- this link<br><a href="https://photos.metrotimes.com/black-owned-detroit-restaurants/?slide=1&amp;dvss">https://photos.metrotimes.com/black-owned-detroit-restaurants/?slide=1&amp;dvss</a> |
| 21   | 22  | 23   | 24   | 25  | 26  | 27   |
| <br>STOP RACISM | Read quotes from Martin Luther King for inspiration.  | Teach through Example. Be a positive role model to your friends and all the younger people in your life. | Check out Black Culture Connection on PBS <a href="http://www.pbs.org/black-culture/home/">www.pbs.org/black-culture/home/</a> | Don't be silent about that racist joke. Silence is support.   | Download music by Aretha Franklin on your electronic device and enjoy.  | Think of a black person you admire, why do you admire them?  |
| 28   | 29  | 30   | 31   |   |   |  |
|                 | Celebrate other cultures by making foods from different countries with your family.   | Take a moment of silence for all those killed in black violence.   |    |   |   |  |